



CENTRAL COAST
**COMMUNITY
TRANSPORT**
TAKING YOU TO THE WORLD
4351 0671

Connected People, Stronger Communities

JULY 2026 NEWSLETTER

Why Transport Matters

Reliable transport remains one of the most important factors in helping older people access medical appointments, maintain social connections, and remain active in their communities.

As health and aged care systems evolve, community transport services are vital in reducing isolation and ensuring people get the care and support they need, when they need it. Here are some key points about us:

Commonwealth Home Support Program (CHSP) subsidised transport remains available—despite the noise in the news about the Support at Home Program—CHSP is alive and well: we are ready for you.

We travel to all of the medical centres and hospitals in the greater area, so wherever your appointment, is we can take you there!

We transport people who are subsidised through the **Support at Home Program**. Got a package? Please talk to us about your changing aged care needs .

Thank you for choosing Hornsby Ku-ring-gai & Central Coast Community Transport.

From a client: If you get 'the wobbles' approaching one of the vehicles, hold onto the vehicle's door frame, not the actual door as it moves. The frame, being fixed, lets you steady, take a breath and then continue your adventure!

Thank you for this invaluable advice, Tara Russell



THURSDAY 2 JULY

Cams Wharf Tavern



Nestled away in the award-winning lakeside Raffety's resort, this is the perfect place to relax and watch the world go by. With a mix of fresh seafood and classic pub fare, you'll delight in its lake views and friendly, homely tavern feel.



Home pickup: Wyong residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

MONDAY 6 JULY

Hawkesbury Brewing Company



Enjoy the Central Coast's best brewery, it's where great beverages meet great company. It offers award-winning craft beers (from crisp lagers to bold stouts) and taphouse dining with classic favourites, all in a welcoming atmosphere. Join us in immersing in a true *Coastie* vibe: relaxed, and fun.



Home pickup: Wyong, Gosford, Peninsula, Northlakes

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

WEDNESDAY 8 JULY

Charlestown Square Shopping



Get ready for a fun, all-in-one shopping day at the largest shopping centre in the Hunter. It has everything under one roof: shopping, dining, and entertainment. This makes our destination your ultimate easy, stress-free retail experience.



Home pickup: Gosford, Peninsula residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

FRIDAY 3 JULY

Crackneck Lookout & Entrance Leagues Club



Fancy some breathtaking ocean views at one of our top scenic spots? This is a prime whale watching location with panoramic views over the Pacific and an easy to access viewing platform in a peaceful national park setting. our visit will be followed by a tasty lunch at The Entrance Leagues Club (your choice and cost).



Home pickup: Gosford, Peninsula residents

CHSP: \$25 per person transport only

SAH: \$65 transport only

Private: \$65 transport only

TUESDAY 7 JULY

Crackneck Lookout & Entrance Leagues Club



Fancy some breathtaking ocean views at one of our top scenic spots? This is a prime whale watching location with panoramic views over the Pacific and an easy to access viewing platform in a peaceful national park setting. our visit will be followed by a tasty lunch at The Entrance Leagues Club (your choice and cost).



Home pickup: Wyong, Northlakes residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

THURSDAY 9 JULY

Mandalong Aboriginal Art Gallery & Doyalson RSL



This small gallery, in a lovely rural setting, offers authentic Australian Indigenous art by established and emerging artists. Visitors can explore artworks, cultural items, traditional carvings and handcrafted goods. We will then enjoy the affordable menu of the always-popular Doyalson RSL (your choice and cost).



Home pickup: Wyong, Gosford, Peninsula, Northlakes

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking



Blokes On Board: relaxed, group outings that focus on men keeping in touch with mates or making new ones



Young at Heart: these outings suit clients who enjoy longer days and being active—even a bit adventurous

FRIDAY 10 JULY

Brew Ha Ha



Don't miss our visit to the relaxed, beachfront **Wamberal Ocean View Café**. Sitting inside the surf club, it affords stunning ocean views over Wamberal Beach and is known for its coffee, casual dining, and all-day menu favourites, including: burgers, salads, seafood, brunch dishes (your choice and cost).



Home pickup: Wyong, Gosford, Peninsula, Northlakes

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

PRIVACY + SAFETY FIRST



Choosing to Pay When Booking Outings

Opt to pay upon booking and you are helping us confirm places for everyone else and make check-ins on the day quicker.

Importantly, your card details are directly entered into our secure payment application.

For safety's sake, we don't record or retain them.

MONDAY 13 JULY

Young at Heart Norah Head Lighthouse & Toukley RSL



Join us for some spectacular coastal views from ocean cliffs—perfect photo opportunities will abound. There are easy walking paths around the historic lighthouse, dating from 1903, it is one of our oldest beacons. There's also a chance for some whale watching to help work up a lunch appetite which can be satisfied at Toukley RSL—tucking into a hearty steak, a delicious salad or something in between (your choice and cost).



Home pickup: Wyong, Gosford, Peninsula, Northlakes residents

CHSP: \$25 per person transport only; \$5 for tour (96 steps)

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

TUESDAY 14 JULY

Pie in The Sky, Cowan



A legendary roadside café, perched on the Old Pacific Highway at Cowan, famous for its classic Aussie meat pies and bushland views. Specialises in fresh, hand-made pies baked daily, it has a casual café vibe with coffee, snacks and tasty lunches (your choice and cost).



Home pickup: Wyong, Gosford, Peninsula, Northlakes

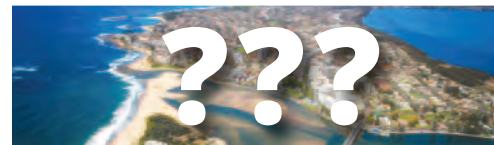
CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

WEDNESDAY 15 JULY

Rick's Mystery Tour



Step aboard and get ready for a day where the destination is part of the adventure! Travel in comfort with a friendly group atmosphere as secret stops are revealed along the way—a mix of scenic locations, local attractions and hidden gems. Lunch will be at a very historic location (your choice and cost).

Walkers must climb a few stairs

Home pickup: Wyong, Northlakes residents

CHSP: \$25 per person transport only

SAH: \$65 transport only

Private: \$65 transport only

Key: To choose outings best suited for you, please look for these icons:



THURSDAY 16 JULY

Cams Wharf Tavern



Nestled away in the award-winning lakeside Raffety's resort, this is the perfect place to relax and watch the world go by. With a mix of fresh seafood and classic pub fare, you'll delight in its lake views and friendly, homely tavern feel.



Home pickup: Gosford, Peninsula residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking



Tap In Vehicle Most of our fleet give you the ease of tap-n-go, using your credit or debit card.

Pay Over Phone Call us to pay (securely) with your credit card — before or after your trip.

Got a question? Please call us: 4351 0671

FRIDAY 17 JULY



Blokes On Board Tenpin Bowling Fun



Come along for a great day of ten pin bowling at Bateau Bay. It's easy, accessible and there's no need to lift the ball. It will be a relaxed atmosphere where skill doesn't matter, so now's the *time to strike!* Enjoy a bite whilst bowling or afterwards with casual meals, including pizza, burgers, nachos hot chips, nuggets, wedges (your choice and cost).



Home pickup: Wyong, Gosford, Peninsula, Northlake residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only • Private: \$65 transport only, paid at booking

MONDAY 20 JULY

Australian Reptile Park



Enjoy up-close encounters with some of our incredible wildlife. Meet snakes, crocodiles, lizards, koalas, kangaroos and Tasmanian devils. There are live shows, feeding demonstrations and free-roaming kangaroo areas—all in a natural bushland setting. Casual café-style meals (burgers, sandwiches, hot food) can be had on site (your choice and cost).



Home pickup: Wyong, Gosford, Peninsula, Northlake

CHSP: \$65 per person transport and entry fee

SAH: \$65 transport only, \$40 entry fee payable on day

Private: \$65 transport only, \$40 entry fee payable on day

TUESDAY 21 JULY

Brew Ha Ha



Bon Bon Patisserie Café (at the Chocolate Factory, West Gosford) is a charmer, renowned for its French-style pastries and premium chocolate treats.

My friend Joyce says 'this is a must'

BOBBIE J



Home pickup: Gosford, Peninsula residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

Key: To choose outings best suited for you, please look for these icons:



Some stairs



Some walking



Considerable walking



Uneven ground



Longer day



Suitable for wheelchairs



Suitable for walkers



Unsuitable for wheelchairs



Unsuitable for walkers

WEDNESDAY 22 JULY

Charlestown Square Shopping



Get ready for a fun, all-in-one shopping day at the largest shopping centre in the Hunter. It has everything under one roof: shopping, dining, and entertainment. This makes our destination your ultimate easy, stress-free retail experience.



Home pickup: Wyong, Northlakes residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

FRIDAY 24 JULY

Wallarah Bay Recreation Club



Like some great food on the lakeside? Then come with us to Wallarah Bay's Dish restaurant, it is the ultimate spot for a laid-back Central Coast lunch (your choice and cost). Book your seat with us now and learn why locals know it as where 'quality meets value'.



Home pickup: Wyong, Gosford, Peninsula, Northlakes

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

TUESDAY 28 JULY

Swansea Heads & Swansea RSL



Enjoy a relaxing coastal day combining scenic views and a comfortable club lunch. Enjoy stunning ocean and channel views, watch boats entering the channel—some times even dolphins. After sightseeing, delight in a relaxed lunch at Swansea RSL with its classic pub-style meals (own cost).



Home pickup: Wyong, Northlake residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

THURSDAY 23 JULY

Swansea Heads & Swansea RSL



Enjoy a relaxing coastal day combining scenic views and a comfortable club lunch. Enjoy stunning ocean and channel views, watch boats entering the channel—some times even dolphins. After sightseeing, delight in a relaxed lunch at Swansea RSL with its classic pub-style meals (own cost).



Home pickup: Gosford, Peninsula residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

MONDAY 27 JULY

Long Jetty Walk & Diggers at The Entrance



Take a stroll along one of our iconic waterfront spots, while enjoying stunning views over Tuggerah Lake. It's an easy, flat jetty walk (ideal for all abilities) and a favourite with photographers. After taking it all in, it will be time to relax and refuel at Diggers for a value meal with generous portions.



Home pickup: Gosford, Peninsula residents

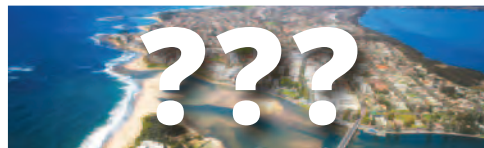
CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

WEDNESDAY 29 JULY

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Walkers must climb a few stairs



Home pickup: Gosford, Peninsula residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking



Blokes On Board: relaxed, group outings that focus on men keeping in touch with mates or making new ones



Young at Heart: these outings suit clients who enjoy longer days and being active—even a bit adventurous

THURSDAY 30 JULY



Meet or make friends at our **Christmas-in-July**

Join us for a day chockers with fun, food, and entertainment at our Christmas in July celebration! Grab your best (or worst) festive outfit and escape the chill in a room packed with friends (old and new).

Don't be a grinch, join us to eat, sing and laugh (maybe best to behave, just in case Santa is watching). Your seat among us is waiting, **reserve it now**. **Non-refundable.**



Home pickup: Wyong, Gosford, Peninsula, Northlake residents

CHSP: \$85 per person transport + lunch, paid at booking

Support at Home: \$65 transport; \$60 lunch (only) paid at booking

Private: \$125 transport + lunch, paid at booking

FRIDAY 31 JULY

Elenora Hotel



Owned by locals, run by locals, for locals. This hotel has an award-winning bistro and grill, serving classic pub meals made with locally-sourced ingredients and seasonal produce. The menu satisfies a wide range of tastes, with hearty meals, lighter options, and daily specials. Enjoy great food, cold drinks (**your choice and cost**) and a laid-back atmosphere.



Home pickup: Gosford, Peninsula residents

CHSP: \$25 per person transport only

Support at Home: \$65 transport only

Private: \$65 transport only, paid at booking

Staying active in cooler weather

Movement, fresh air and connection = healthy ageing

As the days cool, it's essential to keep moving. Gentle walking, stretching or light activity helps, and short weekly outings can improve mood and wellbeing.

And our social trips are the best way to enjoy a change of scenery and good company. Not sure where to go? Join this month's **Young at Heart Light House Walk** outing to stay active with other like-minded people.

Meet the staff

BIANCA

Communications Officer

I'm delighted to join the team and become part of this wonderful community. I will be coordinating the events featured in our newsletter and look forward to helping create enjoyable experiences.

I **welcome your feedback** on outings and am excited to meet with or chat with you on the phone about your experiences with us.



Blokes On Board: *relaxed, group outings that focus on men keeping in touch with mates or making new ones*



Young at Heart: *these outings suit clients who enjoy longer days and being active—even a bit adventurous*

Reliable, comfortable transport for long distance appointments

Commencing in July, we can get you to major health services in Sydney and Newcastle. So, the same friendly, professional drivers you rely upon now will help remove any stress in meeting your needs when going further afield.

\$160
RETURN

Hornsby Ku-ring-gai Hospital;
Sydney Adventist Hospital (The SAN) + Parkway San Clinic;
Royal North Shore Hospital + associated clinics

\$120
RETURN

John Hunter Hospital

Prices shown are for CHSP-eligible clients, please call to discuss other options



CCCT Shopping

Door-to-door return for just \$15

Erina Fair *For residents of:* Kariong, Gosford, Wyoming, Springfield, Green Pt, Erina, Saratoga, Davistown, Kincumber, Avoca, Wamberal, Springfield and Pt Fredrick Mondays weekly • Drop off 10:00 / Pickup 12:00

Erina *For residents of:* Spencer and Gundeman
Every second Tuesday • Drop off 11:00 / Pickup 1:00

Lake Haven Shopping Centre *For residents of:* Lake Munmorah, Gwandalan, Summerland Point, Mannering Park, Chain Valley Bay and Doyalson North Wednesdays weekly • Drop off 9:00 / Pickup 11:30

Lake Haven Shopping Centre *For residents of:* San Remo, Blue Haven, Buff Point, Norah Head, Budgewoi, Toukley, Gorokan, Charmhaven, Hamlyn Terrace and Canton Beach Wednesdays weekly • Drop off 11:00 / Pickup 2:00

